



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

October 3, 2003

OCT - 6 2003

Dear Sir or Madam:

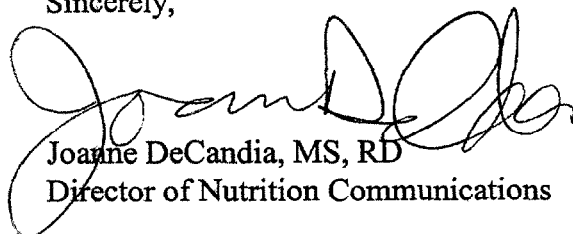
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Trim Pills supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Herbal Harvest, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition and Vitamin World:

Ingredients: Chitosan, CitriMax®, Bitter Orange Extract (*Citrus aurantium*), Chromium Picolinate, L-Carnitine, Uva Ursi, Buchu, Juniper Berry, Green Tea Extract and Calcium.

- Supports Fat Metabolism
- Chromium Picolinate helps glucose metabolism.
- L-Carnitine assists in the breakdown of fat in cells to produce energy.
- Chitosan is a natural dietary fiber and *Citrus Aurantium* gives you thermogenic benefits.
- Chromium supports fat metabolism.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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